



Shri Dhaneshwari Manav Vikas Mandal's

Sau. Shantadevi Vedprakash Patil Ayurved College & Research Institute

(Recognised by AYUSH Ministry-New Delhi,
Govt. of Maharashtra & Affiliated by Maharashtra University of
Health Sciences, Nashik)

Dr. V.K. Patil
(President)



Dr. Manikrao Kulkarni
(Principal)

2.2.3: Institution facilitates building and sustenance of innate talent /aptitude of individual students (extramural activities/beyond the classroom activities such as student clubs, cultural societies, etc)

Extra-curricular activities provide students the opportunity to pursue their objectives and passions outside their regular academic program, and are crucial for holistic growth. The college authorities and faculties encourage students to organize, oversee, and participate in various cultural and sporting events. Additionally, they foster participation in contests hosted by other colleges, universities, and at regional, national, and global levels.

1. The college campus is equipped with two auditoriums, which serve as versatile venues for a wide range of activities. We provide a wide range of sports equipment at our shop.

2. A yearly social gathering is organized on certain dates. Students join several committees based on their own interests. A single student is chosen to serve as the General Secretary. All student committees are overseen by faculty committees, who provide guidance in times of difficulty; all student-led activities are efficiently organized. Choreographers are organized for cultural events.

3. Sports activities are carried out in the first 3 days. Students actively engage in these activities with fervor. There are two components: 1) Indoor sports, which include Chess, Carom, and Badminton. Both males and females participate in the activities, which consist of two categories: individual and paired events. 2) Recreational activities conducted in open-air environments Cricket, Volleyball, and Kabaddi. Umpires are designated for all sporting events and they organize appropriate rounds and announce the outcomes.

4. On the first day of the yearly social gathering, cultural festivities begin with a parade of old Ayurvedic literature. Students participate by playing the traditional musical instrument called *lazim*, while adorning themselves in traditional attire. The anchoring and overall management of the program is solely handled by students. Esteemed individuals from the realms of education and social work have been asked to provide guidance to the kids on this occasion. Cultural programs aim to cultivate and enhance the inherent abilities of individual pupils.

Students organize a variety of events such as Rose Day, Fishponds, Cultural Dressing Competition, Rangoli Competition, Antakshari, and Folk Dance. The last day of the cultural festivities is replete with a diverse array of cultural activities, including theater, dance, and both solo and group singing performances. These participants are being directed by mentors and assigned musicians.

5. The prize distribution program takes place on the last day of the yearly social event. Guests and college dignitaries honor and congratulate all winners and runners.

6. The college regularly organizes yoga programs under the supervision of the Swasthivritta Department. There is a dedicated hall for practicing Meditation and Yoga, which includes a teacher. A multitude of students engage in both national and international tournaments.

7. Our institution celebrates Sanskrit day, during which many students actively engage by creating Sanskrit dramas and poetry.

8. Fitness Center: A fully equipped fitness center, staffed by a qualified teacher, is conveniently located on campus for student use.

9. The sports complex offers facilities for indoor activities such as badminton, table tennis, carom, and chess.

10. The playground offers training for outdoor activities such as basketball, volleyball, kabaddi, kho-kho, and cricket. There is a spacious and well-maintained outdoor playground.

11. The students are also urged to take part in the university-organized project competition titled "Ashwamegh".

Participating in extra-curricular activities fosters the development of technical and communication abilities in pupils. Soft skills such as team spirit, teamwork, relationship-building, and public speaking are cultivated.




PRINCIPAL
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