## Shri Dhaneshwari Manay Vikas Mandal's



## Sau.ShantadeviVedprakashPatilAyurved College & Research Institute

(Recognised by AYUSH Ministry-New Delhi, Govt.of.Maharashtra & Affiliated by Maharashtra University of Health Sciences, Nashik)

Dr.V.K,Patil (President)



Dr.Manikṛao Kulkarni (Principal)

**4.1.2:** The institution has adequate facilities to support physical and recreational requirements of students and staff – sports, games (indoor, outdoor), gymnasium, auditorium, yoga centre, etc. and for cultural activities

College has a sports department that includes two sports rooms. The first room measures 35x29 feet, while the second room measures 23.5x15 feet. Both rooms are equipped with all the necessary sports equipment. Students from the institute actively participate in various sports events held at all levels. The Sports Incharge and coordinator oversee the operations of the sports department.

The institute has exceptional infrastructure, state-of-the-art facilities, and top-notch sports equipment catering to a wide range of indoor and outdoor activities. The institute has built a high-quality cricket pitch as well as grounds for volleyball, basketball, kho-kho, and kabbaddi. These facilities are equipped with contemporary amenities such as separate changing rooms and washrooms for males and ladies. Practice sessions and instruction are conducted in accordance with the sport's schedule. The morning session will take place from 6:00 AM to 8:00 AM. The evening session is scheduled from 4.15 PM to 6.00 PM.

Over the last five years, the institution has organized an Intercollege tournament (ICT) in which 119 students have participated in sports. Out of the total, 56 individuals engaged in ICT.

- 1. Gymnasium A spacious gymnasium measuring 50 meters by 38 meters, equipped with all the required amenities and equipment. Males and females use on a daily basis in accordance with their respective schedules, and documentation is maintained in distinct registers.
- 2. The institute has one auditorium. Honorable auditoriums serve as venues for seminars, guest lectures, quiz competitions, and cultural events. Over the last four years, the auditorium has been used 216 times for a variety of purposes, with a comprehensive record maintained in the register.

The Yoga Institute has a fully equipped yoga hall at the Swasthavrutta Department, which was constructed in 2017 and covers an area of 1000 square feet. The yoga hall is used on a regular

basis for students' practical yoga sessions, as well as for preparing students for national and international yoga contests. The personnel is also encouraged to attend pre-yoga day sessions in honor of the worldwide celebration of YOGA day. In yoga meditation, the practice incorporates Shatkarma, Asana, and Pranayama, which contribute to the holistic growth of students, including their mental, intellectual, social, and moral development.



PRINCIPAL S.S.V.P. Ayurved College & R.I. Hatta.Tq.Besmath Dist.Hingoil