



Shri Dhaneshwari Manav Vikas Mandal's
**Sau. Shantadevi Vedprakash Patil Ayurved
College & Research Institute**
(Recognised by AYUSH Ministry-New Delhi,
Govt. of Maharashtra & Affiliated by Maharashtra University of
Health Sciences, Nashik)

Dr. V.K. Patil
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8.1.11: Describe the activities undertaken by the Institution towards practice of various procedures of Kriyakalpa [Help](#)

The Department of Shalakyatantra focuses on the diagnosis and treatment of Urdhwajatrugata vyadhi, which refers to disorders occurring above the supra-sternal notch. It includes illnesses of the eye, ear, nose, throat, oral cavity, and head. The primary objective of treating these disorders involves the administration of systemic medication and local therapy. Kriyakalpa refers to the combination of local therapy and numerous medicinal forms. NETRA- Following Kriyakalpa, the practice of Aschyotan is performed, which involves the application of eye drops to the eyes.

Parishkek- Administering the therapeutic infusion onto closed eyelids. Netradhavan is a process of cleansing the eyes by using herbal decoctions, juices, and normal saline solution. Netratarpan is a procedure that involves applying pharmaceutical substances such as sneha Ghrit and vasa directly into the eye using traditional equipment or modern technologies like swimming goggles. Putpaka is a method similar to tarpan, including the use of Swaras or decoction. Pindi and Bidalaka are engaged in a therapeutic practice where Pindi applies a medicinal bolus made of plant leaves directly into the eye, while Bidalaka applies a layer of medication over the closed eyelids, except the eyebrows. Patients are provided with comprehensive explanations of the operation's advantages, and both patients and their family are urged to understand all aspects of the process. In Urdhwajatrugata Vyadhi, NASYA is referred to as Ardha-Chikitsa. Pratimarsh Nasya, which may be performed everyday without any prior preparation, is recommended for patients.

1. EAR - Procedures such as Karnapooran, Karna Dhoopan, Wax removal, and Karna dhavan are performed on the ear.

2. NASA (Nose)- Nasya is a very significant element of nasal therapy.

3. Mukharoga (Throat & oral cavity) - Procedures such as Mukh dhawan, Dhoompan, Raktamokshan, etc. are often performed in our department. Photographs and video clips are used as instructional resources and to cultivate awareness about Ayurveda throughout society.

Findings on Kriyakalpa

1. Ancient medical academics have knowledge on the functioning of the blood aqueous barrier and the field of ocular pharmacology.

2. Putapaka is an ancient Nano idea that has been extensively developed and used for thousands of years.

3. Pindi Bidalaka treatments may facilitate vasodilation and the removal of toxins from the site of the lesion. The main medications used in kriyakalpa are herbal in nature. Anjanas are medicinal preparations that include herbs and minerals.

BENEFITS:

1. No need for surgery or intrusive procedures
2. Economical
3. Prophylactic and Therapeutic
4. Effective in both anterior and posterior segments illnesses.




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