

### Sau.ShantadeviVedprakashPatilAyurved College & Research Institute

(Recognised by AYUSH Ministry-New Delhi, Govt.of.Maharashtra & Affiliated by Maharashtra University of Health Sciences, Nashik)

Dr.V.K, Patil (President)



Dr.Manikṛao Kulkarni (Principal)

#### **EVENT REPORT**

Name of Activity	Health & Demographic survey
Type of Activity	Extension ctivity
Date	16/12/2020
Details of Participants	25
Coordinators	Dr. Swami B.D.
Organized by	NSS Unit
Description	On December 16, 2020, the NSS Unit at SSVP College of Ayurved and Research Center conducted a Health and Demographic Survey as part of its extension activities. This comprehensive initiative aimed to assess the health status and demographic profile of the local community. Trained NSS volunteers, in collaboration with healthcare professionals, gathered valuable data on prevalent health issues, healthcare access, and demographic indicators. The survey not only provided insights into the community's well-being but also served as a foundation for future health-related interventions. The NSS Unit's commitment to holistic community development was evident through this effort, aligning with its mission to contribute meaningfully to the improvement of health and living conditions in the surrounding areas.





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#### **EVENT REPORT**

Name of Activity	Demonstration of medicinal plants to school childrens
Type of Activity	Health awareness
Date	27/12/2020
Details of Participants	25
Coordinators	Dr. Swami B.D.
Organized by	NSS Unit
Description	On December 27, 2020, the NSS Unit at SSVP College of Ayurved and Research Center orchestrated an event promoting health awareness by presenting a demonstration on medicinal plants to school children. The objective was to enlighten and motivate the younger generation about the therapeutic attributes of plants. Collaborating with Ayurvedic experts, the NSS Unit organized instructive demonstrations that highlighted the uses and advantages of various medicinal plants. The interactive session enabled students to actively participate, fostering a deeper appreciation for nature and traditional healing practices. This endeavor not only augmented the students' comprehension of natural remedies but also instilled a sense of environmental mindfulness and the significance of conserving the diversity of medicinal plants. SSVP College's NSS Unit continues to play a pivotal role in community education and awareness, contributing to a society that is both healthier and more enlightened.





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#### **EVENT REPORT**

Name of Activity	Visit to Nerali Kushthadham Center, Nanded.(Assessment of Leprosy Disease)
Type of Activity	Extension ctivity
Date	11/01/2020
Details of Participants	25
Coordinators	Dr. Swami B.D.
Organized by	NSS Unit
Description	On January 11, 2020, the NSS Unit at SSVP College of Ayurved and Research Center conducted an extension activity involving a visit to Nerali Kushthadham Center, Nanded.(Assessment of Leprosy Disease). This initiative aimed to extend support and engage with the special-needs community. NSS volunteers interacted with leprosy patient at Nerali Kushthadham Center participating in social work. The visit to Nerali Kushthadham provided Yoga, Pranayam Training & also its importance for leprosy patients. The NSS Unit's engagement exemplified a commitment to social responsibility, advocating for inclusiveness and understanding. This initiative not only enriched the lives of the special-needs community but also contributed to the NSS Unit's broader mission of holistic community development.





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#### **EVENT REPORT**

Name of Activity	Drama presentation of Garbhini Swasthya
Type of Activity	Social Awareness
Date	20/10/2021
<b>Details of Participants</b>	25
Resource person	Dr. Snehal Akhare
Coordinators	Dr. Swami B.D.
Organized by	NSS Unit
Description	On October 20, 2021, the NSS Unit at SSVP College of Ayurved and Research Center organized a drama presentation titled "Garbhini Swasthya" to promote social awareness. The performance was informative for pregnant ladies. Through compelling storytelling and theatrical representation, the NSS Unit aimed to instill diet programme in pregnancy. The drama not only entertained but also served as a medium for conveying importance of diet, yoga & Pranayam in pregnancy. SSVP College's NSS Unit continues to utilize creative avenues for social awareness, contributing to a more informed and engaged community.
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#### **EVENT REPORT**

Name of Activity	Rally in the village for Ayurved Janjagruti.
Type of Activity	Social Awareness
Date	09/02/2021
Details of Participants	50
Coordinators	Dr. Swami B.D.
Organized by	NSS Unit
Description	On February 9, 2021, the NSS Unit at SSVP College of Ayurved and Research Center organized a village for Ayurved Janjagruti. The event aimed to promote Healthy Diet & Yoga in community. NSS volunteers, along with local residents, marched through the village, carrying banners and placards advocating for a Healthy Life. The rally served as a visual and participatory demonstration of the importance of Yoga & Diet in daily life. Through this initiative, the NSS Unit contributed to fostering a sense of Healthy Diet & Pranayam for the well-being of the community. SSVP College remains committed to engaging in impactful social awareness for Healthy life through Yoga & Pranayam.





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#### **EVENT REPORT**

Name of Activity	Vyasanapasun Mukti lecture on the occasion of Mahatma Gandhi Jayanti
Type of Activity	Social Awareness
Date	24/02/2021
<b>Details of Participants</b>	59
Coordinators	Dr. Swami B.D.
Organized by	NSS Unit
Description	On February 24, 2021, the NSS Unit at SSVP College of Ayurved and Research Center organized a lecture on "Vyasanapasun Mukti" as part of the Mahatma Gandhi Jayanti celebrations, promoting social awareness. The lecture focused on liberation from vices and addictions, aligning with Mahatma Gandhi's principles of self-discipline and social responsibility. Expert speakers addressed the harmful effects of various addictions and emphasized the importance of cultivating a healthy lifestyle. The event aimed to inspire individuals to break free from detrimental habits, fostering personal well-being and contributing to the creation of a healthier and more conscientious society. SSVP College's NSS Unit continues to commemorate significant occasions with impactful activities that resonate with the principles of Mahatma Gandhi.





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#### **EVENT REPORT**

Name of Activity	Plantation
Type of Activity	Environmental Awareness
Date	01/03/2021
Details of Participants	96
Coordinators	Dr. Swami B.D.
Organized by	NSS Unit
Description	On March 1, 2021, the NSS Unit at SSVP College of Ayurved and Research Center conducted a plantation drive as part of its environmental awareness initiatives. The event aimed to promote the importance of afforestation and environmental conservation. NSS volunteers, along with students and faculty, actively participated in planting saplings in designated areas around the college campus. This hands-on activity not only contributed to increasing green cover but also served as an educational platform, highlighting the role of trees in mitigating climate change and sustaining biodiversity. The NSS Unit's commitment to environmental awareness and community engagement was evident through this initiative, fostering a sense of responsibility towards nature and the well-being of future generations. SSVP College remains dedicated to initiatives that contribute positively to the environment and promote sustainable practices.
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#### **EVENT REPORT**

Name of Activity	Hb Estimation Camp At BAMU Yog Shashtra Dept.
Type of Activity	Extension ctivity
Date	13/03/2021
Details of Participants	06
Coordinators	Dr. Swami B.D.
Organized by	NSS Unit
Description	On March 13, 2021, the NSS Unit at SSVP College of Ayurved and Research Center organized an Hb (Hemoglobin) Estimation Camp in collaboration with BAMU Yog Shastra Department as part of its extension activities. The camp aimed to assess and promote health awareness by providing individuals with the opportunity to estimate their hemoglobin levels. Trained NSS volunteers, alongside experts from the Yog Shastra Department, facilitated the camp, offering participants valuable insights into their health status. This initiative not only contributed to individual well-being but also emphasized the NSS Unit's commitment to holistic healthcare within the community. SSVP College remains dedicated to engaging in meaningful extension activities that positively impact the health and awareness of its constituents.
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