



Shri Dhaneshwari Manav Vikas Mandal's  
**Sau.ShantadeviVedprakashPatilAyurved  
College & Research Institute**

(Recognised by AYUSH Ministry-New Delhi,  
Govt.of.Maharashtra & Affiliated by Maharashtra University of  
Health Sciences, Nashik)

*Dr.V.K.Patil*  
(President)

*Dr.Manikrao Kulkarni*  
(Principal)

**EVENT REPORT**

<b>Name of Activity</b>	Demonstration of medicinal plants to school childrens
<b>Type of Activity</b>	Social awareness
<b>Date</b>	07/08/2021
<b>Details of Participants</b>	25
<b>Organized by</b>	NSS Unit
<b>Description</b>	<p>On August 7, 2021, the NSS Unit at SSVP College of Ayurved and Research Center undertook a commendable social awareness initiative by organizing a demonstration of medicinal plants for school children. This event aimed to educate and inspire the younger generation about the invaluable medicinal properties of plants. The NSS Unit collaborated with experts in Ayurveda to provide insightful demonstrations, highlighting the uses and benefits of various medicinal plants. The interactive session allowed school children to engage hands-on, fostering a deeper connection with nature and traditional healing practices. This initiative not only enhanced the students' understanding of natural remedies but also instilled a sense of environmental consciousness and the importance of preserving medicinal plant diversity. SSVP College's NSS Unit continues to play a pivotal role in community education and awareness, contributing to a healthier and more informed society.</p>



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**EVENT REPORT**

<b>Name of Activity</b>	Demonstration of Yogasana to school childrens
<b>Type of Activity</b>	Health awareness
<b>Date</b>	16/08/2021
<b>Details of Participants</b>	25
<b>Coordinators</b>	Dr. Swami B.D.
<b>Organized by</b>	NSS Unit
<b>Description</b>	<p>On August 16, 2021, the NSS Unit at SSVP College of Ayurved and Research Center organized a health awareness event by conducting a demonstration of Yogasanas for school children. Recognizing the significance of holistic well-being, the NSS Unit invited experienced yoga instructors to guide and showcase various Yogasanas. The interactive session aimed to promote physical fitness, mental well-being, and cultivate healthy lifestyle habits among school children. Participants actively engaged in learning and practicing different yoga postures, fostering a deeper understanding of the benefits of incorporating yoga into daily life. This initiative not only contributed to the health awareness of the students but also underscored the NSS Unit's commitment to holistic community well-being. SSVP College continues to inspire healthy living through such impactful initiatives, nurturing a culture of wellness in the community.</p>



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**EVENT REPORT**

<b>Name of Activity</b>	General health Checkup Camp
<b>Type of Activity</b>	Extension Activity
<b>Date</b>	1/09/2021
<b>Details of Participants</b>	25
<b>Coordinators</b>	Dr. Swami B.D.
<b>Organized by</b>	NSS Unit
<b>Description</b>	<p>On September 1, 2021, the NSS Unit at SSVP College of Ayurved and Research Center conducted a comprehensive General Health Checkup Camp as part of its ongoing extension activities. Open to both students and the local community, the camp aimed to promote proactive health management. Collaborating with healthcare professionals and local medical facilities, the NSS Unit facilitated various health assessments, including vital signs, blood pressure, blood sugar, and other essential health parameters. This initiative not only provided individuals with a valuable opportunity to monitor their health but also emphasized the importance of preventive healthcare. The NSS Unit's commitment to community well-being was evident through this event, contributing to a healthier and more informed community at SSVP College.</p>



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**EVENT REPORT**

<b>Name of Activity</b>	Blood Donation Camp
<b>Type of Activity</b>	Extension Activity
<b>Date</b>	22/09/2021
<b>Details of Participants</b>	45
<b>Coordinators</b>	Dr. Swami B.D.
<b>Organized by</b>	NSS Unit
<b>Description</b>	<p>On September 22, 2021, the NSS Unit at SSVP College of Ayurved and Research Center organized a impactful Blood Donation Camp as part of its extension activities. The event aimed to address the ongoing need for a stable blood supply and foster a culture of voluntary blood donation within the college community and beyond. Collaborating with a local blood bank, the NSS Unit facilitated a seamless and safe donation process, drawing participation from students, faculty, and local residents. The event not only contributed to saving lives but also raised awareness about the critical importance of regular blood donation. SSVP College's NSS Unit, through initiatives like these, continues to make a tangible impact on public health and community well-being.</p>



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**EVENT REPORT**

<b>Name of Activity</b>	Vasantika Vamana Shibir
<b>Type of Activity</b>	Social awareness
<b>Date</b>	01/10/2021
<b>Details of Participants</b>	54
<b>Coordinators</b>	Dr. Swami B.D.
<b>Organized by</b>	NSS Unit
<b>Description</b>	On October 1, 2021, the NSS Unit at SSVP College of Ayurved and Research Center conducted the "Vasantika Vamana Shibir," a unique event focused on social awareness. This initiative aimed to promote the traditional Ayurvedic practice of Vamana, a therapeutic process to eliminate toxins from the body, particularly during the spring season (Vasantika). The event included workshops, demonstrations, and discussions led by Ayurvedic experts, shedding light on the holistic approach to health and well-being. Participants were educated on the importance of aligning healthcare practices with nature's cycles. The NSS Unit's commitment to social awareness was evident through this event, emphasizing the integration of traditional Ayurvedic wisdom into contemporary health discussions at SSVP College.



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**EVENT REPORT**

<b>Name of Activity</b>	Group pledge for tobacco free society
<b>Type of Activity</b>	Social awareness
<b>Date</b>	11/10/2021
<b>Details of Participants</b>	69
<b>Coordinators</b>	Dr. Swami B.D.
<b>Organized by</b>	NSS Unit
<b>Description</b>	On October 11, 2021, the NSS Unit at SSVP College of Ayurved and Research Center organized a compelling event focused on social awareness—the "Group Pledge for a Tobacco-Free Society." Acknowledging the detrimental impact of tobacco on public health, the NSS Unit gathered students, faculty, and community members to collectively pledge towards creating a tobacco-free environment. The event featured informative sessions on the health risks associated with tobacco use, testimonials from individuals who successfully quit, and interactive discussions on promoting healthier lifestyles. The group pledge served as a visible commitment to fostering awareness and combating tobacco addiction, aligning with the NSS Unit's dedication to community well-being and social responsibility at SSVP College.



  
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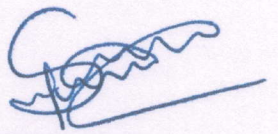
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**EVENT REPORT**

<b>Name of Activity</b>	Visit to Sneh Mahila 'Vrudhashram' on occasion of World Heart Day.
<b>Type of Activity</b>	Social awareness
<b>Date</b>	27/09/2021
<b>Details of Participants</b>	25
<b>Coordinators</b>	Dr. Swami B.D.
<b>Organized by</b>	NSS Unit
<b>Description</b>	On Sept 27, 2021, the NSS Unit at SSVP College of Ayurved and Research Center organized a " Visit to Sneh Mahila 'Vrudhashram' on occasion of World Heart Day. This event, held on occasion of World Heart Day to guide senior citizens regarding heart problem. The lecture was arranged how to take care of heart in old age & how to prevent M.I. by doing pranayam. Near about 50-60 females got advantage from this pranayam training programme. Through this initiative, the NSS Unit at SSVP College continued to promote social awareness and encouraging active participation in community development.



  
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