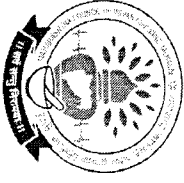


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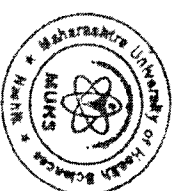
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**DESCRIPTIVE AND ANALYTICAL STUDY OF SUSHUTOKTA
VEDHYA AND AVEDHYA SIRA, APPLIED ASPECT OF KURPARGAT
VEDHYA SIRA W.S.R.TO VEDHANA PRAMANA- A REVIEW STUDY**

Sachin S. Dargu^{1*} and Rajesh Renukadas Choudhary²

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²Associate Professor Rachana Sharir S.S.V.P. Ayurved College Hattia Hingoli.

ABSTRACT

The knowledge observed by direct perception and that obtained by the study of the science, both together make for enhancement of one's knowledge.^[1] Anatomy being the basis of surgery probably it was necessary for *Sushruta* to deal anatomical details before preparing for surgery. It is also possible that the knowledge of anatomy got more advanced during the period of *Sushruta*. *Sushruta* was the first scholar scientist who described the method of dissection in study of Anatomy.^[2] *Sushruta* has explained Anatomy of *sira* in *Sharira sikhana* 7th chapter "*Siravarna Vibhakti Nama Shariram*". *Sushruta*'s

concepts of "*Sira Shariram*" and "*Sira vedhyavidhi Shariram*" are specifically unique. But the term *sira*, in one place reflects a meaning of blood vessels while at other place, it means nerve. In such condition it is very difficult to know doubtlessly about it like Modern Anatomy. *Ayurvedic* acharyas has used an anatomical term *sira*, which is one of the controversial terms (structure). It is used to represents tubular structure, to carry material such as *Rasa & Rakta*^[3] There are seven hundred *Sira*^[4] 700 *sira*s distribution as per *Shadanga Sharir* is given as 400 *sira*s present in the *Shakhas* (extremities), 136 in *Koshha* (Trunk) and 164 in parts above the shoulders. 98 *Avedhya sira*s and 602 *vedhya sira*s in body^[5] (*Sushruta Samhita Sharir Sikhana* 7/20,21 127p Murthy). Diseases of skin, tumors, edema and diseases arising from blood will never occur in persons indulging in bloodletting whenever required^[6] (*Sushruta Samhita Sutra sikhana* 14/34 93p). The applied anatomical aspects of the *vedhya sira*s (Veins to be punctured) is mentioned in *Sushruta Samhita* by specific site (place) of *sira*s in specific diseases, anatomical positions for *sira vedhan* and size of puncture (in muscular area, bony area and other area).^[7] (*Sushruta Samhita Sharir Sikhana* 8/17,9,8

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Site and names of fatal spots-
 1) **Fatal spots of leg:(11)**
Ksipa lies in between the big toe and the next toe.
 Talahridaya lies in the center of sole.
 Kurca is situated above *ksipra*.
 Kurcasira lies below the ankle joint, on its both sides.
 Gulpha lies at the meeting place of the foot and foreleg.
 Indrabasti lies in the middle of the calf.
 Ani situated 3 angul (6cm) above the Janu (knee) on both its side.
 Urvi lies in the middle of the thigh.

There are total 107 *Marmas* mentioned by the *Acharya*.
 In that *Urdhvajatrugat Marmas* are described as *Grivagat Marmas* and *Shirogat Mamas*. In *Shirogat Marmas Phana Marmas* mentioned by *Sushrutacharya*.

- 1) *Sadhya Pranhara (Agni Mahabuta)* (19)
- 2) *Kalantar Pranhara (Agni-Soma Mahabhu)*(33)
- 3) *Vaikalyakar Marmas (Soma)* (44)
- 4) *Vishalyagghnya Marmas (Vayu Mahabhu)* (03)
- 5) *Rujakar Marmas (Agni-Vayu Mahabhu)* (08)

Parinamannasar Marmas

- 1) *Mamsa Marna* (11)
 - 2) *Sira Marna* (41)
 - 3) *Snayu Marna* (27)
 - 4) *Ashti Marna* (08)
 - 5) *Sandhi Marna* (20)
- Rachnatmak Classification of Marmas:
 1) Structural Classification(Rachnatmak)
 2) Severity of Trauma (Parinama)

Sushrut as body are classified into two categories by the *Acharya* deformity of adjacent structure. Such spots in human leads to death of individual, excess pain at the spot, entities. It is spot in the body where any trauma or injury structure where accumulation of above mentioned *Mamsa, sira, snayu, ashti* and *sandhi*. Perhaps it is the mentions that *Marna* is point where there is meeting of situated. Literature evidence regarding *Marmas* in text *Marmas* are spots in human body where *Prana* is briefly in *Sharir Sihana*. According to *Sushrutacharya Marmas* as vital spots in human body are described In *Ayurvedic smritis* of *Sushruta* and *Ashtang Hrudya*

MATERIAL AND METHODOLOGY

- 1) Review of *Marma Sharir* concept in *Ayurvedic Literature*.
- 2) Structural and Traumatic aspect of *Marma Sharir*.
- 3) Locating the position of *Marmas* in human body.
- 4) *Ayurvedic Literature* review of *Phana Marna*.
- 5) Clinical of relevance *Phana Marna*.

KEYWORDS

Concept of *Marma Sharir* is revealed in *Ayurveda* as the vital spots is human body where there is matrix formation of structures like *Masa (Tendon)*, *Sira(Veins)*, *Snayu(Ligaments)*, *Ashti(Bones)* and *Sandhi(Joints)*. At these vital spots there is predominance of one structure over the other four structures. Due to this structurally the *Marmas* classified as *Masa marna*, *Sira Marna*, *Snayu Marna*, *Ashti Marna* and *Sandhi Marna* respectively. Overall any trauma or injury to these spots in human body leads to Sudden Death, Death after some time, deformity, severe pain in reference to the specific location of the *Marma* in human body. As mentioned in *Ayurvedic literature* it is important to know the exact position of these *Marmas* in human body with today's human anatomy with its clinical overview. There 107 *Marmas* mentioned in *Ayurved*. Out of this 2 *Phana Marmas* are mentioned. They are located inside the *Nose* on each nostril at the olfactory area in the nose. Structurally it is *Sira Marna* and any trauma to this *Marna* leads to loss of sense of smell. In *Ayurveda* nose is also considered as *Moolasthan* of *Pranava* *strotasa* (Respiratory System). Trauma to this structure inner membrane through air pollution leads to respiratory disorders and olfactory disorders.

ABSTRACT

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CONCEPTUAL STUDY OF PHANA MARMA AND ITS CLINICAL RELEVANCE





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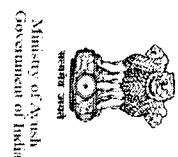
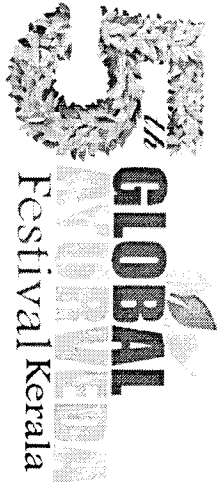
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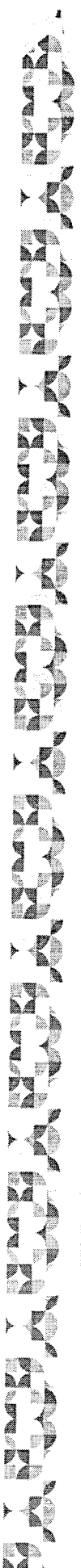
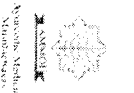
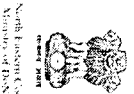
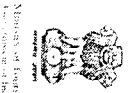
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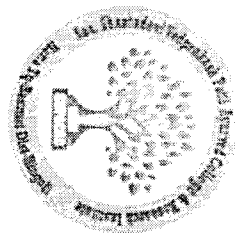
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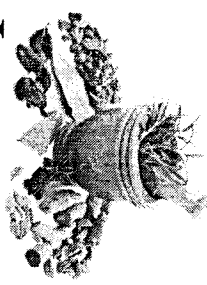
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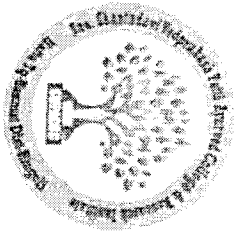
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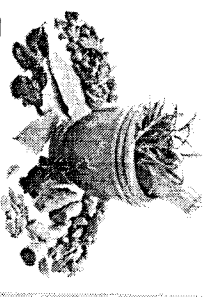
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A CONCEPTUAL REVIEW ON PRAKRITI WITH SPECIAL REFERENCE TO AYURVED SAMHITAS

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INTRODUCTION

Prakriti is an important tool that explains individuality and has important role in prevention, diagnosis, in deciding the line of treatment of disease and forecast of future disorders. It explains unique but definite unchangeable traits, decided by specific and permanent configuration of Doshas in an individuals. One or more than one Doshas predominates at the time of conception which reflects the Doshika Prakriti of an organism and can be identified by Doshas specific characteristics manifested in growing individual.

The word Prakriti is derived from 'Pra' and 'Kriti', here 'Pra' means origin or beginning and 'Keti' means to create or to act; while the Prakriti means constitution, disposition or fundamental form. The dictionary meaning of word 'Prakriti' is nature, character, and constitution, original or primary substance. Prakriti is organized in accordance to attributes of predominant Doshas at the time of sperm-ovum union. Prakriti is enumeration of body features, internal as well as external. Prakrta Doshas quanta are present in a person since birth till death without changing. If changed, death is definite. Being very widely, this word is found in various branches of Indian literature like Veda, Upanisada, Ramayana, Mahabharata, Purana, Samhita and other innumerable references.

Vikruti is a Vikara (disorder) or pathological manifestation. Meaning of Vikara is a change of form or nature, alteration or deviation from any natural state and change of bodily or mental condition. When, these Doshas are not in perfect equilibrium state (qualitative and quantitative) in the body, may present various abnormal clinical features termed as Vaiketa Doshas and finally lead to Vikara in the body.

It is well-established concept that single Doshas Prakriti individuals frequently fall sick i.e. more vulnerable to various diseases, while Samyavastha (equilibrium state) of three Doshas in an individual results in healthy state. Knowledge about the Prakriti is prerequisite for assessment of Vikruti (pathology) hence it plays a very important role in deciding diagnosis, therapeutics and prognosis. It has, also, a decisive role in maintenance of

health and cure of the disease, which is the prime objective of Ayurveda

In Ayurveda seven broad constitutions (Prakriti) have been described, each with a varying degree of predisposition to different diseases. Amongst these Vata, Pitta and Kapha Prakriti individuals frequently fall sick i.e. most vulnerable to diseases and in decreasing order. Those constitutions which formed by two Doshas together are also sick and they have to be treated with difficulty. Sama Prakriti have good resistance and not prone to develop diseases. A person of any dominant Doshaja Prakriti is liable to get sick due to vitiation of any Doshas. It is not necessary that predominant Doshas is only responsible for all manifestation of illness. If Pitta gets vitiated in Vata Prakriti person manifestation of attributes of Pitta will be observed in him beside his usual. Prakriti is important also for the judgment of prognosis. Diseases is said Kashlyasadhya when, Vikara Prakriti (nature of disease) & Prakriti are similar then disease is difficult to manage, SukhasAdhya when Prakriti and Vikruti (disease) are of different origin, it is easy to manage, and Asadhya when season, disease and Prakriti are of same Doshas. Such disease is untreatable and has bad prognosis.

CONCEPTUAL REVIEW

*** Vyupatti of Prakriti**

'Pra' word denotes 'predominant' and 'Kriti' word denotes 'srsti'. Prakriti, where 'Pra' denotes Satva guna, 'kri' denotes Raja Guna and 'ti' denotes Tama Guna, so one which is Trigunatmakas, Avyakta, Nitya, Karma, Rupa, fulfilled with all powers, one with supernatural



A CONCEPTUAL REVIEW OF LITERATURE OF KALA ACCORDING TO MODERN SCIENCE

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INTRODUCTION

All living organisms are made of cells and cell products. This simple statement, called the cell theory, was first proposed more than 150 years ago. You may think of a theory as a guess or hypothesis, and sometimes this is so. A scientific theory, however, is actually the best explanation of all available evidence. All of the evidence science has gathered so far supports the validity of the cell theory. Cells are the smallest living subunits of a multicellular organism such as a human being. A cell is a complex arrangement of the chemicals discussed in the previous chapter, is living, and carries out specific activities. Microorganisms, such as amoebas and bacteria, are single cells that function independently.

Human cells, however, must work together and function interdependently. Homeostasis depends upon the contributions of all of the different kinds of cells. Human cells vary in size, shape, and function. Most human cells are so small they can only be seen with the aid of a microscope and are measured in units called micrometers (formerly called microns). One micrometer = 1/1,000,000 of a meter or 1/25,000 of an inch (see Appendix A: Units of Measure). One exception is the human ovum or egg cell, which is about 1 millimeter in diameter, just visible to the unaided eye. Some nerve cells, although microscopic in diameter, may be quite long. Those in our arms and legs, for example, are at least 2 feet (60 cm) long.

With respect to shape, human cells vary greatly. Some are round or spherical, others rectangular, still others irregular. White blood cells even change shape as they move. Cell functions also vary, and since our cells do not act independently, based on function, there are more than 200 different kinds of human cells, though they all have certain similarities. Each type of cell is made of chemicals and carries out specific chemical reactions. Despite their many differences, human cells have several similar structural features: a cell membrane, a nucleus, and cytoplasm and cell organelles. Red blood cells are an exception because they have no nuclei when mature. The cell membrane forms the outer boundary of the cell and surrounds the cytoplasm, organelles, and nucleus.

The Ectoderm is the start of a tissue that covers the body surfaces. It emerges first and forms from the outermost of the germ layers. The ectoderm forms: the central nervous system, the lens of the eye, cranial and sensory, the ganglia and nerves, pigment cells, head connective tissues, the epidermis, hair, and mammary glands.

The Endoderm during animal embryogenesis the specialized cells migrate inwards along the archenteron form the inner layer of the gastrula, which develops into the endoderm. The endoderm subsequently become columnar cells, which subsequently become columnar. It forms the epithelial lining of the mouth and pharynx and the terminal part of the rectum (which are lined by involutions of the ectoderm).

It also forms the lining cells of all the glands which open into the digestive tube, including those of the liver and

CONCEPTUAL REVIEW

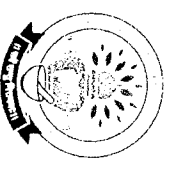
All the tissues of the body develop from the three primary germ cell layers that form the embryo:
* **Ectoderm** - develops into nervous tissue and epithelial tissue.
* **Endoderm** - develops into epithelial tissue.
* **Mesoderm** - develops into epithelial tissue, connective tissue and muscle tissue

The main derivatives from these three layers can be understood as follows:

The Ectoderm is the start of a tissue that covers the body surfaces. It emerges first and forms from the outermost of the germ layers. The ectoderm forms: the central nervous system, the lens of the eye, cranial and sensory, the ganglia and nerves, pigment cells, head connective tissues, the epidermis, hair, and mammary glands.

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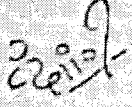
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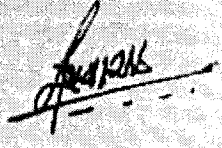
National Integrated Medical Association, Maharashtra State

At Hingoli on 25th Sept 2011

- Sub.- (1) Medicolegal Session
(2) Recent Advances in Pharmacology and Medicine
(3) Emergency Medicine
(4) RCH and National Programmes
(5) Registration under various acts like BNII, BMW, PNDD Act etc.
(6) Paediatrics
(7) Advanced Diagnostic Techniques
(8) Ayurved in General Practice
(9) Unani



Dr. Dinesh Gawali
President

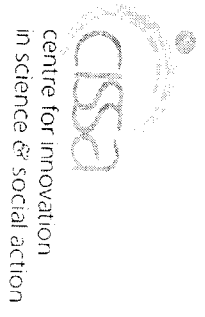
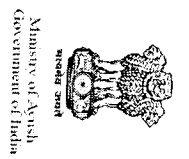
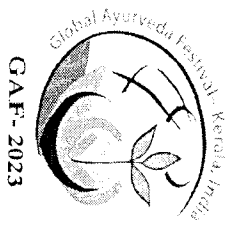

Dr. Dilip Wange
Registrar


Dr. N. S. RAYEWAR
M. C. I. M. Member

Observers


Dr. S. L. Gaikwad
Vice-President


Dr. Rajesh Utane
Convener,
C.M.E. Committee



CERTIFICATE OF PARTICIPATION

This is to certify that Mr / Ms / Dr / Prof

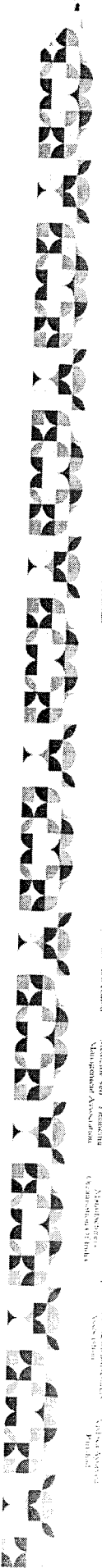
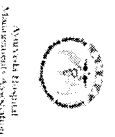
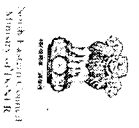
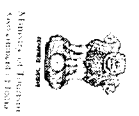
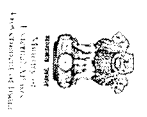
GAJANAN UTTAMRAO VAIDYA

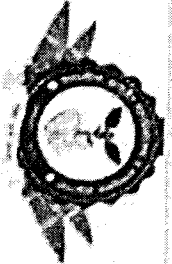
has taken part at the 5th Global Ayurveda Festival (GAF 2023) held in Thiruvananthapuram, India, from December 1-5, 2023.

Your participation has added value to the event, encouraging the exchange of global knowledge and nurturing a shared dedication to advancing Ayurveda worldwide.

Dr. C. Suresh Kumar
Secretary General

Dr. Jayan D
Chairman, Seminar Committee





शासकीय आयुर्वेद महाविद्यालय व रुग्णालय, जळगाव
Government Ayurved College and Hospital, Jalgaon



YOGSUDHA 2023

National Webinar on Yoga & Ayurveda

MUHS

Affiliated with

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES NASHIK &
MAHARASHTRA COUNCIL OF INDIAN MEDICINE, MUMBAI.

CERTIFICATION OF PARTICIPATION

This is to certify that Dr/Mr/Mrs/Miss Dr. Aruna Rajendra Sonekar has participated as **Delegate** in National Webinar on Yoga & Ayurveda held on 20 June 2023 organised by Department of Swasthavritta and Yoga, Government Ayurved College Jalgaon, Maharashtra.

Dr. N. B. Swami

Professor & HOD

Dept. of Swasthavritta

Dr. Abhijeet. M. Ahire

Incharge Dean

Dr. Raman Ghungralekar

Director of AYUSH

Maharashtra State



WORLD RECORDS UNION



HABUILD

CERTIFICATE

of Participation

This is to certify that

Aruna Sonekar

has successfully participated in the
WORLD RECORD
for

"LARGEST ATTENDANCE IN VIRTUAL YOGA CLASS".

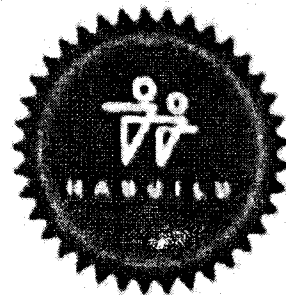
On International Yoga Day, June 21st.

Organized by Habuild

and has demonstrated dedication and contributed towards
promoting the power of yoga and habit building
by joining the yoga session conducted by Saurabh Bothra.



#UniteForYoga.



26407

MAHARASHTRA COUNCIL OF INDIAN MEDICINE

(Constituted under M.M.P. Act, 1961 Govt. of Maharashtra)

Arnya Bhavan, 4th Floor, St. George's Hospital Compound, P. D'Mello Road, Mumbai 400 001

Date: 17/10/2012

This is to certify that

Dr. Pradip A. Ganje Reg. No. 12345678

Add. _____

has participated in the

Continued Medical Education (C.M.E.) Programme arranged by

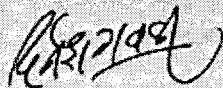
Maharashtra Council of Indian Medicine, Mumbai

conducted by

National Integrated Medical Association, Maharashtra State

At _____ on _____


- Sub.- (1) Medicolegal Session
(2) Recent Advances in Pharmacology and Medicine
(3) Emergency Medicine
(4) RCH and National Programmes
(5) Registration under various acts like BNH, BMW, PNDT Act etc.
(6) Paediatrics
(7) Advanced Diagnostic Techniques
(8) Ayurved in General Practice
(9) Unani




Dr. Dinesh Gawali
President



Dr. S. L. Gaikwad
Vice-President



Dr. Dilip Wange
Registrar


Dr. Margant Razandha Anuradha
M.C.I.M., Member

Observers



Dr. Rajesh Utane
Convenor,
C.M.E. Committee

MAHARASHTRA COUNCIL OF INDIAN MEDICINE

(Constituted under M.M.P. Act, 1961 Govt. of Maharashtra)
Amgya Bhavan, 4th Floor, St. George's Hospital Compound, P. D. Mello Road, Mumbai-400003

Date: 07/10/2011

This is to certify that

Dr. Pratima Anubhav Donage Reg. No. 1-34830-66

Add. 202, 'SUOHAKUNI' Vijaynagar, Nanded

has participated in the

Continued Medical Education (C.M.E.) Programme arranged by
Maharashtra Council of Indian Medicine, Mumbai

conducted by

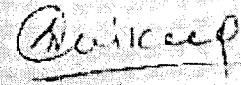
National Integrated Medical Association, Maharashtra State

At Washim on 07 Oct 2011

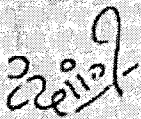
- Sub.- (1) Medicolegal Session
(2) Recent Advances in Pharmacology and Medicine
(3) Emergency Medicine
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(9) Unani



Dr. Dinesh Gawali
President



Dr. S. L. Gaikwad
Vice-President



Dr. Dilip Wange
Registrar



Observers



Dr. Rajesh Utane
Convenor,
C.M.E. Committee

MAHARASHTRA COUNCIL OF INDIAN MEDICINE

(Constituted under M.M.P. Act, 1961 Govt. of Maharashtra)

Arogya Bhavan, 4th Floor, St. George's Hospital Compound, P. D. Vello Road, Mumbai 400 001

Date: 27/10/20

This is to certify that

Dr. Pratima Anulhav Dhanraj Reg. No. 131830-11

Add. 202, 'SUCHANUM', Vafaynagar, Bandod

has participated in the

Continued Medical Education (C.M.E.) Programme arranged by


Maharashtra Council of Indian Medicine, Mumbai

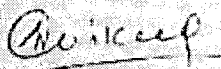
conducted by

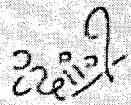
National Integrated Medical Association, Maharashtra State

At Nashim on 07 Oct 2011


- Sub.-
- (1) Medicolegal Session
 - (2) Recent Advances in Pharmacology and Medicine
 - (3) Emergency Medicine
 - (4) RCH and National Programmes
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 - (6) Paediatrics
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 - (9) Unani


Dr. Dinesh Gawali
President


Dr. S. L. Gaikwad
Vice-President


Dr. Dilip Wange
Registrar

Observers


Dr. Rajesh Utane
Convenor,
C.M.E. Committee

Tell. No. 22842426, 22618261

MAHARASHTRA COUNCIL OF INDIAN MEDICINE

(Constituted under M.M.P. Act 1961 Govt. of Maharashtra)

Esplanade Manslon, 4th Floor, 144, Mahatma Gandhi Road, Fort, Mumbai - 400001

Date : 21 / 3 / 2010

This is to certify that

Dr. Pratima Anubhav Donage Reg. No. I-34830-A-1

Add. 'Sudhakarj' vijaynagar, Housing so. Nanded.


has participated in the

Continued Medical Education (C.M.E.) Programme arranged by
Maharashtra Council of Indian Medicine, Mumbai.


Conducted by


National Integrated Medical Association, Maharashtra State

At Nanded on 21 / 3 / 2010


Dr. Sanjay Gavane
President


Dr. Dillip Wange
Registrar


Dr. Dinesh Gawali
Vice-President


Dr. Rajesh Utane
Convenor CME
Committee



महाराष्ट्र आयुर्वेद संमेलन यांच्या संयुक्त विद्यमाने







राज्यस्तरीय आयुर्वेद परिषदाद

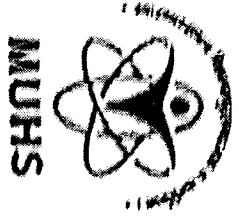
२७ जानेवारी २०१३

प्रमाणपत्र

प्रमाणित करण्यात येते की, डॉ/श्री/सौ. प्रीतीका अग्रुभय डोगाणे (पाटील) ए. ३४८३०-४-१

यांनी कॅ. डॉ. शंकररावजी घदहाण राभागृह, नांदेड येथे आयोजित राज्यस्तरीय आयुर्वेद परिषवाद्वारे उपस्थित
राहुन यशास्वी सहभागा नोंदविलेला.
करिता हे प्रमाणपत्र देण्यात येते.

 डॉ. विश्वनाथर पावार अध्यक्ष, राज्यस्तरीय आयुर्वेद परिषदाद	 डॉ. निवृक केसरी अध्यक्ष, विभागादेड शाखा	 डॉ. शिवकर चौधरी सचिव, राज्यस्तरीय आयुर्वेद परिषदाद	 डॉ. श्याम कल्याणराव कोषाध्यक्ष, राज्यस्तरीय आयुर्वेद परिषदाद
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MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK
Institute of Medical Education Technology & Teachers' Training

Certificate No.

8184

Regional Centre, 3rd Floor, Civil Hospital Building, Aurdhh Camp, Pune 27.

This is to certify that

Dr./Mr./Smt.

Dr. Shekhar Neeta Sadanand

has participated as a Delegate / Faculty in
Basic Workshop in Research Methodology

held from 22nd September 2016 to 24th September 2016

Organised by

Loknete Rajarambapu Patil Ayurvedic Medical College, Islampur

Approved vide letter no. MUHS /IMETT, Pune/1653 /2016 dated 12/09/2016

Poyal K Bansal
Dr. Poyal K Bansal
Head, IMETT &
MUHS Regional Centre, Pune

Dr. Kalidas Chavan
Dr. Kalidas Chavan
Offg. Registrar
MUHS, Nashik

Dr. Prof. Deelip Mhaisekar
Dr. Prof. Deelip Mhaisekar
Vice-Chancellor
MUHS, Nashik



Date of Completion : 20-03-2019

Dr. Karuna Dongre

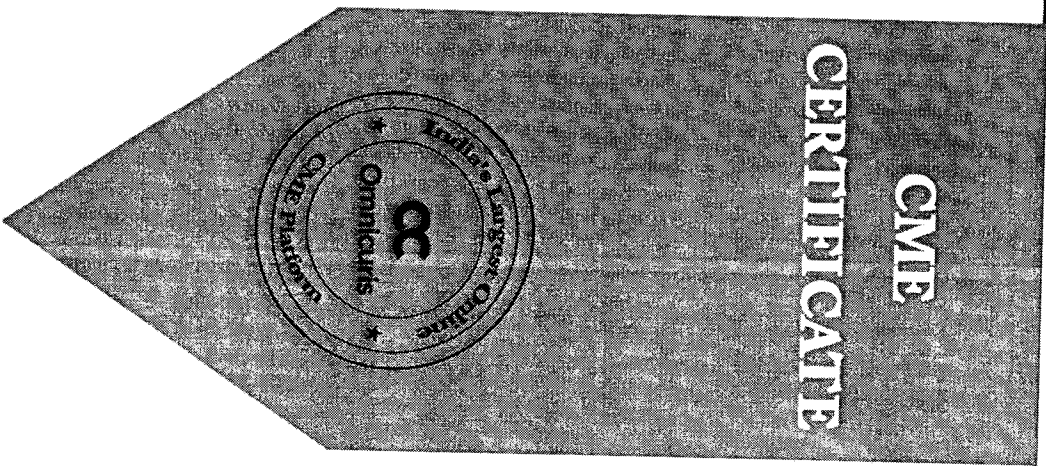
bearing registration no. I-68478-A from Maharashtra
has successfully completed 6 hours of Digital CME on

Emergency Medicine & Critical Care

Dr. T S Srinath Kumar
President, Society for Emergency Medicine (2018) Chief of Medical Services, Narayana Health (2018)

Dr. Emmanuel Rupert
Chief of Medical Services, Narayana Health (2018)

This course is eligible for CME credit points. Doctor's shall confirm with respective medical council for validity of CME credits as well as payment requirements. CME credits are offered at sole discretion of respective state medical council.



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Basic Workshop in Research Methodology



Venue :- Pravara Medical Trusts

AYURVED COLLEGE, SHEVGAON

Tal. Shevgaon, Dist. Ahmednagar, Maharashtra.

Certificate of Participation

This is to certify that Dr. P. P. SURVE from _____

PMT'S AYURVED COLLEGE, SHEVGAON has participated

in the Basic Workshop in Research Methodology, conducted by Pravara Medical Trusts Ayurved College, Shevgaon, Dist. Ahmednagar

from 20/3/2014 to 22/03/2014

M.U.M.S. has approved this workshop vide Letter No. MUCHS /MEST Pune/369/2014

Dated 01/03/2014

(Signature)

Programme Convener & Co-ordinator

Dr. Manoj R. Runghe

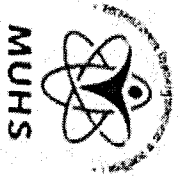
Pravara Medical Trusts Ayurved College, Shevgaon
Dist. Ahmednagar



(Signature)

Principal

Pravara Medical Trusts Ayurved College, Shevgaon
Dist. Ahmednagar



MUHS

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK
Institute of Medical Education Technology & Teachers' Training
Regional Centre, 3rd Floor, Civil Hospital Building, Aundh Camp, Pune 27.

Certificate No. _____

6124

This is to certify that

Dr. Surve Pratima Prabhakarrao

Dr./Mr./Smt. _____

has participated as a Delegate / Faculty in

Basic Workshop in Research Methodology

held from 7th June 2016 to 9th June 2016

Prayal K Bansal

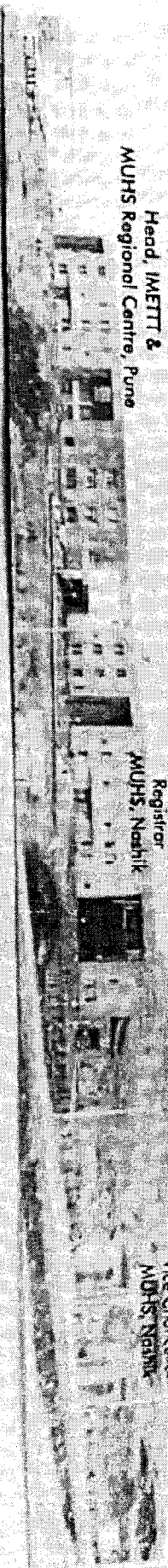
Dr. Prayal K Bansal
Head, IMETT &
MUHS Regional Centre, Pune

Dr. Kashinath D. Garkal

Dr. Kashinath D. Garkal
Registrar
MUHS, Nashik

Dr. Prof. Deelip Mhaisetar

Dr. Prof. Deelip Mhaisetar
Vice-Chancellor
MUHS, Nashik



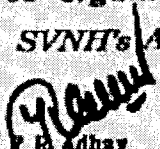


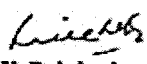
University of Pune
DEPARTMENT OF AYURVED
AND

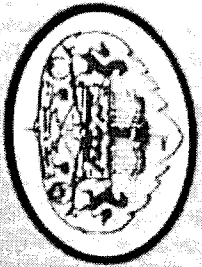


SVNH's Ayurved Mahavidyalaya, Shrishivajinagar
NATIONAL SEMINAR ON DIABETES

Certified that Dr. Yd. Pratima Kurve
attended the Seminar on Diabetes on 31-10-03, 01-11-03
and 02-11-03 organised by Department of Ayurved, University
of Pune & SVNH's Ayurved Mahavidyalaya, Shrishivajinagar


Dr. P. R. Adhav
Organising Secretary / Principal
SVNH's Ayurved Mahavidyalaya
Shrishivajinagar, Rahuri
Dist. Ahmednagar


Dr. V. V. Dolphode
Prof. & Head
Department of Ayurved
University of Pune
Pune - 411007

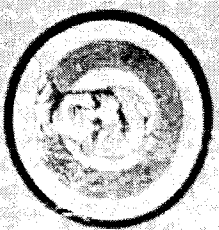


University of Pune

DEPARTMENT OF AYURVED

AND

SVNH'S AYURVED MAHAVIDYALAYA, SHRISHIVAJINAGAR



NATIONAL SEMINAR ON DIABETES

Certified that Dr. Vd. Padma Sene

attended the Seminar on Diabetes on 31-10-03, 01-11-03
and 02-11-03 organised by Department of Ayurved, University
of Pune & SVNH'S Ayurved Mahavidyalaya, Shrishivajinagar

DR. P. H. ADHAV

Organising Secretary / Principal

SVNH'S Ayurved Mahavidyalaya

Shrishivajinagar, Rahuri

Dist. Ahmednagar

DR. V. V. DOLPHODE

Prof. & Head

Department of Ayurved

University of Pune

Pune - 411007

UNIVERSITY OF PUNE



UNIVERSITY OF PUNE

3 MARCH 2005

DR. SURESH CHANDRAN

DR. SURESH CHANDRAN

DR. SURESH CHANDRAN

DR. SURESH CHANDRAN

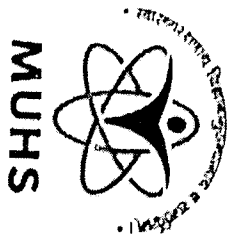
OCTOBER 2004

UNIVERSITY OF PUNE

0011398

UNIVERSITY OF PUNE

Handwritten signature



MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK
Institute of Medical Education Technology and Teachers' Training
Regional Centre, 3rd Floor, Civil Hospital Building, Aundh Camp, Pune - 27.

Certificate No
10056

This is to certify that

Dr./Mr./Smt. Tambule Aiesh Sambhaji

has participated as a Delegate / Faculty in

Basic Workshop in Research Methodology

held from 16th to 18th February 2017

Organised by

Loknete Rajarambapu Patil Ayurved Medical College, Islampur

Approved vide Letter No. MUHS/IMETT,Pune/339/2017 dated: 13/02/2017

Payal K Bansal

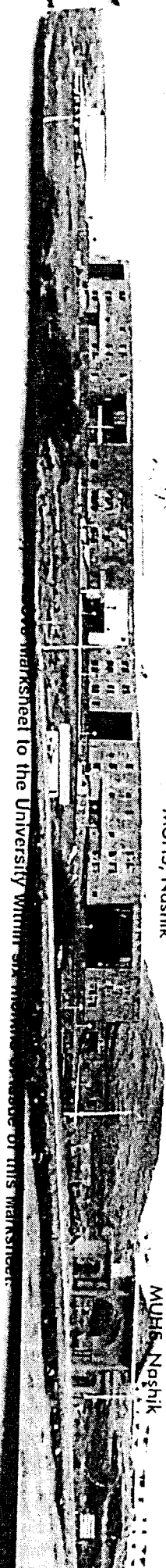
Dr. Payal K Bansal
Head, IMETT &
MUHS Regional Centre, Pune

Dr. Kalidas Chavan

Dr. Kalidas Chavan
Offg. Registrar
MUHS, Nashik

Dr. Prof. Deelip Mhaisekar

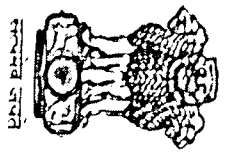
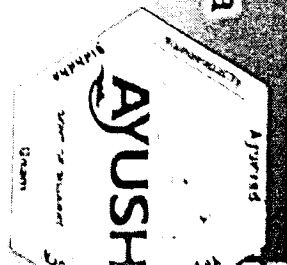
Dr. Prof. Deelip Mhaisekar
Vice Chancellor
MUHS, Nashik



EME programme for Teachers of Rasashastra and Bhaisajya Kalpana



Upgraded Department of Rasashastra and Bhaisajya Kalpana
Government Ayurved College, Vadodara
Office of Director - AYUSH,
H & F W Department, Govt. of Gujarat



Ministry of AYUSH

Sponsored by

Ministry of AYUSH,
Govt. of India

Coordinated by

Rashtriya Ayurveda Vidyapeeth,
New Delhi

Certificate of Participation

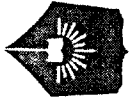
This is to certify that Prof. Dr. Vd. Hemant Kumar... Madhavaram... Adesara...

has participated as Delegate in 6 days EME Programme for teachers of Rasashastra and Bhaisajya Kalpana organized by Upgraded department of Rasashastra and Bhaisajya Kalpana, Government Ayurved College, Vadodara, Gujarat from 3rd to 8th January 2022.

Vd. Kruti Vyas
Coordinator

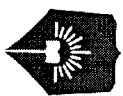
Vd. Bharti Umrethia
Organizing Secretary

Prof. (Vd.) Bharat Kalsariya
Chairman/Principal



D Y PATIL
UNIVERSITY
NAVE MUMBAI

CERTIFICATE OF APPRECIATION



D Y PATIL
UNIVERSITY
SCHOOL OF
AYURVEDA
NAVE MUMBAI

This certificate is awarded to

Dr. Karuna Satish Satore

For participation in the 35 hours Online Faculty Development Program (FDP) as Delegate, Organized by

D Y Patil Deemed to be University School of Ayurveda, Neral, Navi Mumbai on

"AHARAVALOKANAM - Integrative aspects of 'Ahara"

from 02nd November to 07th November 2020.

The contents of the FDP were **Poshanam**(Classification of food and nutrition), **Sambharam**(Preparation of food), **Karanam**(Principles of food), **Swasthyannuvaratanam** (Dietetics-Plan of diet), **Aturaharam** (Clinical dietetics and nutrition), **Anveshanam** (Scope and Novel concept of diet).

Dr. Mrudul Chitrakar

Dr. Mrudul Chitrakar
Organizing Secretary
School of Ayurveda

Dr. Mahesh Kumar Harit

Dr. Mahesh Kumar Harit
Dean
School of Ayurveda

Dr. Shirish Patil

Dr. Shirish Patil
Vice-Chancellor
D Y Patil University

f_certificate_full_no



MUHS

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

Dindori Road, Mhasrul, Nashik - 422004

Tel : (0253) 2539292, Fax : (0253) 2539295

Website : www.muhs.ac.in, E-mail : registrar@muhs.ac.in

Institute of Medical Education Technology and Teachers' Training

This is to certify that

Dr./Mr./Smt. Dr. Deepali Jayesh Agrawal

has participated as a Delegate in

Advanced Course in Research Methodology

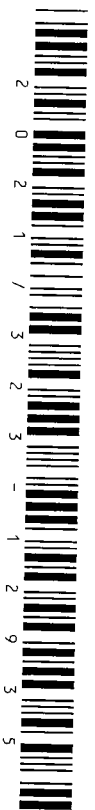
held from 17-Aug-2021 to 23-Aug-2021

Organised by

Institute of Medical Education Technology and Teachers Training Maharashtra University of Health Sciences, Nashik.

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Date : 17-Oct-2022 Time : 15:10:13

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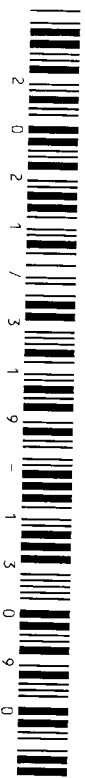
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has participated as a Delegate in

Advanced Course in Research Methodology

held from 21-Sep-2021 to 27-Sep-2021

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Approved vide letter no. MUHS/IMETT/253/2021 , dated 24-Sep-2021

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Basic Research Methodology Workshop

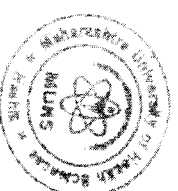
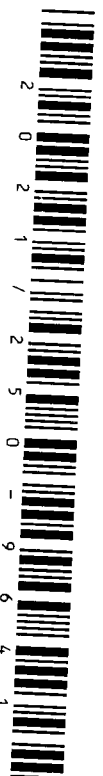
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Approved vide letter no. MUHS/METTT/182/2020 , dated 23-Dec-2020

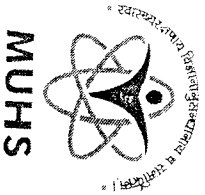
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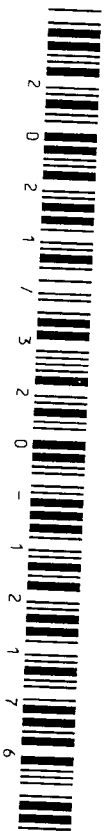
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This is to certify that

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has participated as a Delegate in

Advanced Course in Research Methodology

held from 22-Jul-2021 to 28-Jul-2021

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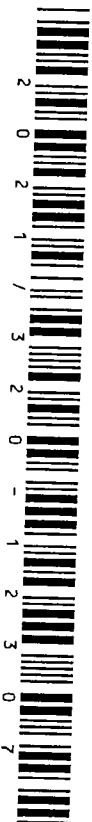
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has participated as a Delegate in

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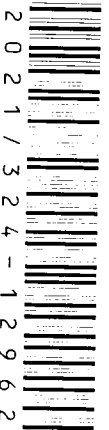
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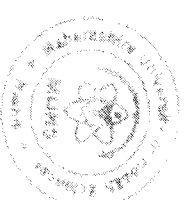
Institute of Medical Education Technology and Teachers Training Maharashtra University of Health Sciences, Nashik.

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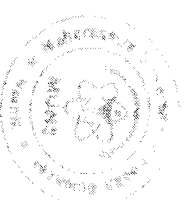
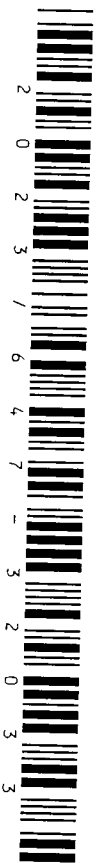
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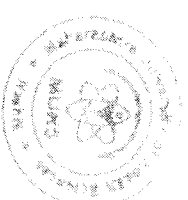
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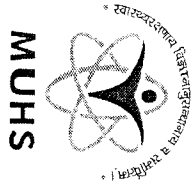
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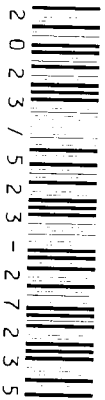
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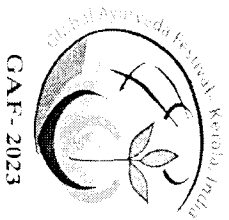
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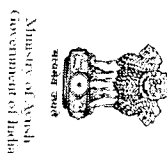
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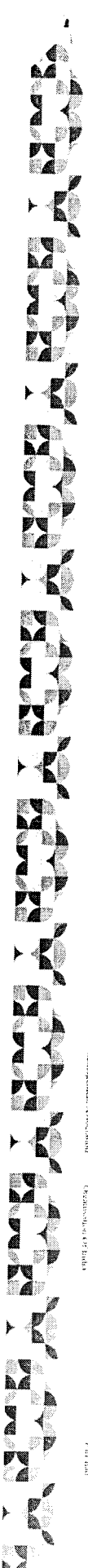
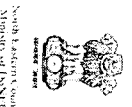
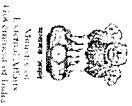
has taken part at the 5th Global Ayurveda Festival (GAF 2023) held in Thiruvananthapuram, India, from December 1-5, 2023.

Your participation has added value to the event, encouraging the exchange of global knowledge and nurturing a shared dedication to advancing Ayurveda worldwide.

Per

Dr. C. Suresh Kumar
Secretary General

Gajanan
Dr. Jayan D
Chairman, Seminar Committee





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This is to certify that

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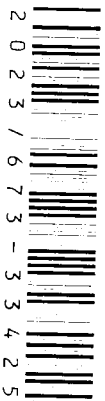
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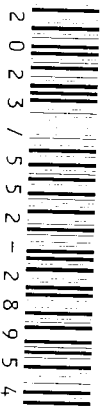
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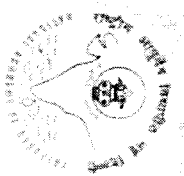
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Dr./Mr./Smt. Dr. Ashvini Balasahab Galande

has participated as a Delegate in

Advanced Course in Research Methodology

held from 10-Oct-2023 to 15-Oct-2023

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held from 25-Sep-2023 to 30-Sep-2023

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This is to certify that

Dr./Mr./Smt. Dr.Khanapurkar Vilas Vasantrao

has participated as a Delegate in

Advanced Course in Research Methodology

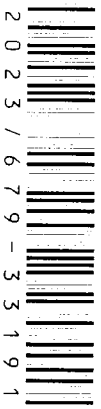
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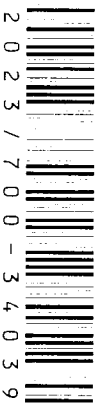
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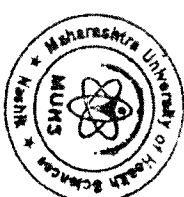
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has participated as a Delegate in

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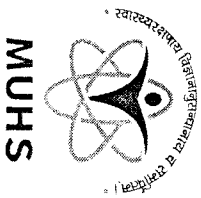
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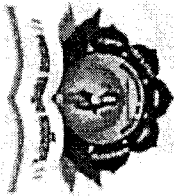
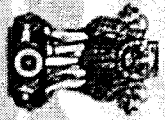
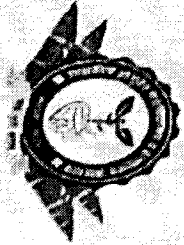
Approved vide letter no. MUHS/IMETTT/13/2023 , dated 18-Mar-2023

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Government Ayurved College & Hospital, Jalgaon, Maharashtra (India)

(Directorate of AYUSH, Ministry of Medical Education & Drugs Dept., Maharashtra)

“SOUshruti-2023”

An International Webinar On

“Integrated Approach in Pregnancy & Anorectal Disorders”

CERTIFICATE

This is to certify that Dr. Aruna Sonekar

has participated as *Delegate* at International Webinar on “Integrated Approach in Pregnancy & Anorectal Disorders” held on 11th October, 2023.

Dr. Yunus G. Solanki

Professor & HOD

Shabja Tantra Dept.

GAC Jalgaon

Dr. Bhagyashri M. Khot

Professor & HOD

Prasutiantara & Sireerog Dept.

GAC Jalgaon

Dr. Abhijit Ahire

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Dr. Raman Ghungralekar

Director of Ayush,

Maharashtra State



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This is to certify that

Dr./Mr./Smt. Dr Dinesh Ramkishan Bahirwad

has participated as a Delegate in

Advanced Course in Research Methodology

held from 25-Sep-2023 to 30-Sep-2023

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Dhanwantari Ayurved Medical College, Udgir, Dist. Latur

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Date : 19-Oct-2023 Time : 12:43:48