



Shri Dhaneshwari Manav Vikas Mandal's

Sau. Shantadevi Vedprakash Patil Ayurved College & Research Institute

(Recognised by AYUSH Ministry-New Delhi, Govt. of Maharashtra &
Affiliated by Maharashtra University of Health Sciences, Nashik)

Date :- 10/06/2019

CIRCULAR

This is to inform all students and faculty that SSVP Ayurved College and Research Institute, Hatta, Hingoli is going to organize a lecture on **Professional & social identity** on **13-06-2019 at 10.30 am to 12.30 pm**. You all are instructed to attend the event.

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Hatta, Tq. Basmath Dist. Hingoli

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ACTIVITY REPORT

Name of the Activity	Professional and social identity	
Type of Activity	Personality and Professional Development	
Date and Time of Activity	13/06/2019	10.30 am to 12:30 pm
Details of Participants	37	
Resource Person	Dr. Hemant	
Description	<p>The SSVP College of Ayurved and Research Center recently conducted a dynamic session on "Professional and Social Identity" as part of its Personality and Professional Development Program. The program aimed to equip students with the skills and insights necessary for a holistic development that extends beyond academic excellence.</p> <p>Distinguished speaker, an expert in psychology and professional development, illuminated the intricate interplay between one's professional and social identity. The session delved into the importance of aligning personal values with professional pursuits, fostering a sense of purpose and authenticity in one's career.</p> <p>The resource person was graciously felicitated by the college principal for their enriching contribution. The principal emphasized the significance of understanding the synergy between personal identity and professional roles in cultivating well-rounded individuals poised for success in both their careers and societal contributions.</p> <p>Engaging discussions and interactive activities allowed participants to reflect on their own professional journeys, forging connections between personal aspirations and societal expectations. The event left attendees inspired and better equipped to navigate the complexities of professional life with a heightened sense of self-awareness.</p> <p>The Personality and Professional Development Program at SSVP College continues to be instrumental in shaping not only competent professionals but individuals with a strong sense of purpose and social responsibility.</p>	

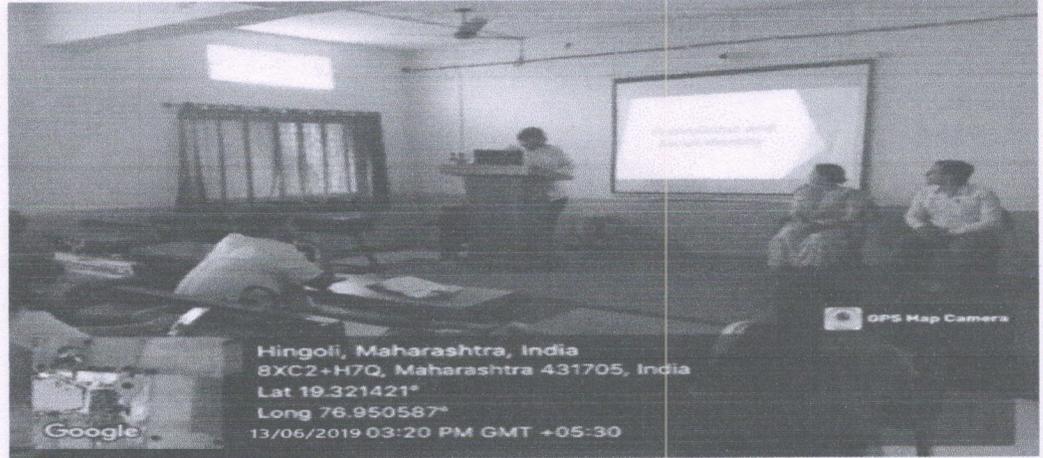
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Event/ Program: Professional & social identity

Date: 13/06/19

LIST OF PARTICIPANTS

Sr. No.	Name of Students	Signature
1.	Abhijit Pasaskar	Abhi...
2.	Amol Bajad	Amol
3.	Santosh Waghe	Santosh
4.	Abhishek Bharate	Abhishek
5.	Parasuram Gidam	Parasuram
6.	Vaibhav Mishram	Vaibhav
7.	Vivek Bidve	Vivek
8.	Pratik Kadam	Pratik
9.	Nikhil Narwade	Nikhil
10.	Dipak Rathod	Dipak
11.	Rushikesh Munde	Rushikesh
12.	Chandrakant Khonsole	Chandrakant
13.	Aditya Sondare	Aditya
14.	Kapil Tadhav	Kapil
15.	Pandhari Gadekar	Pandhari
16.	Akshay Nanwate	Akshay...
17.	Rohini Korade	Rohini. K
18.	Manisha Tadhav	Manisha
19.	Vaishnavi Ugale	Vaishnavi
20.	Poonam Pitale	Poonam
21.	Jyotsna Bagate	Jyotsna
22.	Shradha Mene	Shradha
23.	Shruti Solwat	Shruti...
24.	Pooja Jagtap	Pooja.
25.	Priyanka Sawandkar	Priyanka



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Date :- 12/02/2020

CIRCULAR

This is to inform all students and faculty that SSVP Ayurved College and Research Institute, Hatta, Hingoli is going to organize a lecture on **How to build leadership skill** on 13-02-2020 at 10.00 am to 12.00 pm. You all are instructed to attend the event.



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- All the HOD's
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ACTIVITY REPORT

Name of the Activity	How to build leadership skills	
Type of Activity	Personality and Professional Development	
Date and Time of Activity	13/02/2020	10.00 am to 12:00 pm
Details of Participants	36	
Resource Person	Dr. Karuna	
Description	<p>The SSVP College of Ayurved and Research Center recently hosted an insightful session on "Building Leadership Skills" as a part of its Personality and Professional Development Program. The program, designed to nurture well-rounded individuals, focused on equipping students with the essential skills for effective leadership in their future professional endeavors.</p> <p>A distinguished expert in leadership development served as the resource person, delivering a comprehensive talk on the key facets of leadership. The session covered topics such as communication, decision-making, emotional intelligence, and fostering a collaborative team spirit. Practical exercises and case studies provided participants with hands-on experience in applying leadership principles. The resource person was honored by the college principal for their valuable contribution to the students' growth. The principal underscored the importance of instilling leadership qualities early in one's educational journey to prepare students for the challenges of the professional world.</p> <p>The event proved to be a catalyst for self-reflection and goal-setting among the participants. Attendees left with a heightened awareness of their leadership potential and a toolkit of skills to develop and refine as they progress in their academic and professional pursuits.</p> <p>The Personality and Professional Development Program at SSVP College continues to empower students, ensuring they not only excel in their chosen</p>	

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	fields but also emerge as impactful leaders in their communities and workplaces.
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Event/ Program: How to build leadership skills

Date: 13/02/2020

LIST OF PARTICIPANTS

Sr. No.	Name of Students	Signature
1.	Om Mahale	
2.	Kunal Yashwant Kadam	
3.	MOHD Faizan ziya Quadri	
4.	Ronit Salpute	
5.	Gajanan Shinde	
6.	onkar susvase	
7.	Sahil Kamble	
8.	Tushar Swami	
9.	Abhijeet Paraskar	
10.	Swapnil Kapse	
11.	Shaikh Sameer	
12.	Lokesh Kokare	
13.	MUSAIB JAFAR SYED	
14.	Pravin Jadhav	
15.	Prayot Mohale	
16.	Shruti More	
17.	Vaishnavi Randive	
18.	Rutuja Pate	
19.	Kiran Raut	
20.	monika kendse	
21.	Gayatri Rajesh malewar	
22.	Rohini Raut	
23.	Nikita Chavan	
24.	Avanika Kadam	
	Shital Pusanik	



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Date :- 08/10/2022

CIRCULAR

This is to inform all students and faculty that SSVP Ayurved College and Research Institute, Hatta, Hingoli is going to organize a lecture on **Time management and goal setting** on **11-10-2022 at 02.00 am to 04.00 pm**. You all are instructed to attend the event.

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ACTIVITY REPORT

Name of the Activity	Time management and goal setting	
Type of Activity	Personality and Professional Development	
Date and Time of Activity	11/10/2022	2.00 pm to 4:00 pm
Details of Participants	31	
Resource Person	Dr. Dinesh	
Description	<p>In a bid to enhance the holistic development of its students, the SSVP College of Ayurved and Research Center orchestrated an enlightening session on "Time Management and Goal Setting" as part of its Personality and Professional Development Program. The program aims to equip students with crucial life skills beyond the realm of academics.</p> <p>A seasoned expert in time management and productivity strategies served as the resource person, providing practical insights into optimizing time utilization and setting meaningful goals. The session covered techniques to prioritize tasks, overcome procrastination, and establish realistic yet ambitious objectives.</p> <p>The resource person received commendation from the college principal for their invaluable contribution to the students' personal and professional growth. The principal emphasized the pivotal role of time management in achieving success and underscored the importance of setting clear, measurable goals.</p> <p>Interactive workshops allowed participants to apply the principles discussed, fostering a proactive approach to time utilization. The event not only empowered students with practical tools for efficiency but also encouraged self-reflection on personal and professional aspirations.</p> <p>The felicitation of the resource person marked the college's commitment to providing students with diverse insights crucial for their overall development. The Personality and Professional Development Program at SSVP College continues to</p>	



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	<p>be a beacon, guiding students toward success in their academic and future professional endeavors.</p>
<p>Photos</p>	



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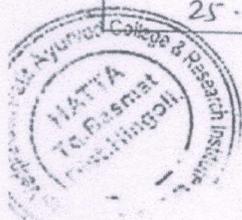
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Event/ Program: Time management & goal setting

Date: 11/10/2022

LIST OF PARTICIPANTS

Sr. No.	Name of Students	Signature
1.	Aachal Thame	A. Thame
2.	Sakshi Tombre	Sakshi
3.	Gayatri Suryavnsi	Gayatri
4.	Gayatri Magar	Gayatri. M
5.	Ishwari Ware	Ishwari
6.	Tejaswini Shinde	Tejaswini
7.	Manisha Shivankar	Manisha
8.	SNEHA SHIVPUJE	Sneha
9.	Disha Shinde	Disha
10.	Pratiksha Acharya	Pratiksha
11.	Shivakanya Aabdhav	Shivakanya
12.	Mahek Alewing	Mahek
13.	Jitendhavi Ausare	Jitendhavi
14.	Sangita Bule	Sangita
15.	Sushmita chaudray	Sush
16.	prachi chandekar	Prachi
17.	Swarnanjali Borkade	Swarnanjali
18.	Vaishnavi Deskar	Vaishnavi
19.	RAJAN KARALE	Rajan
20.	Tarun Tiwale	Tarun
21.	Asad Shaikh	Asad
22.	Syed yunus	Yunus
23.	Hateb Khan	Hateb
24.	Dhanyeshwar Khandare	Dhanyeshwar...
25.	Madhav Borkale	Madhav



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Date :- 17/10/2022

CIRCULAR

This is to inform all students and faculty that SSVP Ayurved College and Research Institute, Hatta, Hingoli is going to organize a lecture on **Yoga in breathing techniques** on 19-10-2022 at 09.30 am to 12.30 pm you all are instructed to attend the event.



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ACTIVITY REPORT

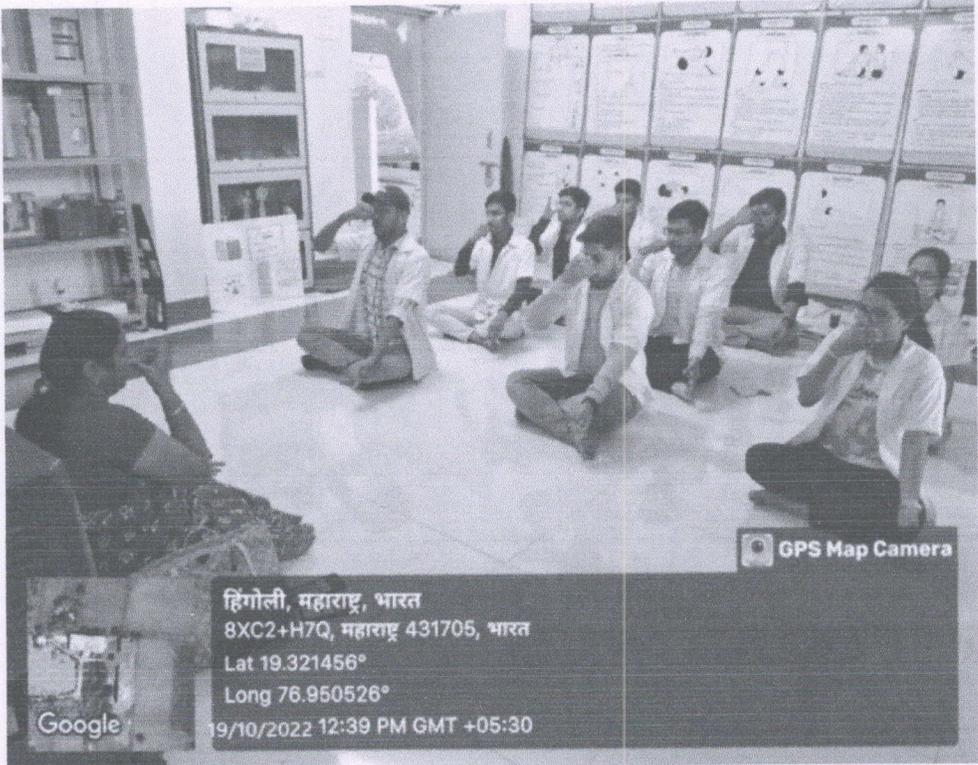
Name of the Activity	Yoga for Breathing techniques	
Type of Activity	Personality and Professional Development	
Date and Time of Activity	19/10/2022	09.30 am to 12:30 pm
Details of Participants	30	
Resource Person	Dr. Pratima	
Description	<p>SSVP College of Ayurved and Research Center hosted an illuminating "Personality and Professional Development Program," focusing on the profound theme of "Yoga for Breathing Techniques." The event aimed to delve into the therapeutic aspects of yogic breathwork, showcasing its significance in promoting physical and mental well-being.</p> <p>The program commenced with a comprehensive exploration of various breathing techniques integral to yoga. The resource person, a distinguished expert in yogic practices, guided participants through the art of conscious breathing, emphasizing its role in stress reduction, enhanced focus, and overall vitality. Practical sessions allowed attendees to experience the transformative effects of mindful breathwork.</p> <p>The resource person's presentation delved into the physiological and psychological benefits of different yogic breathing techniques, including pranayama. Participants gained insights into how controlled and intentional breathing positively impacts the nervous system and contributes to holistic wellness.</p> <p>The principal of SSVP College, expressed appreciation for the resource person's invaluable contribution to the understanding of yogic breathing techniques. A felicitation ceremony followed, wherein the principal honored the resource person for their commitment to promoting wellness through yoga. The event</p>	



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	<p>exemplified SSVP College's dedication to holistic education, recognizing the vital role of breathwork in fostering physical, mental, and spiritual well-being.</p>
<p>Photos</p>	 <p>GPS Map Camera</p> <p>हिंगोली, महाराष्ट्र, भारत 8XC2+H7Q, महाराष्ट्र 431705, भारत Lat 19.321456° Long 76.950526° 19/10/2022 12:39 PM GMT +05:30</p> <p>Google</p>




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Event/Program: Yoga for Breathing techniques

Date: 19/10/2022

LIST OF PARTICIPANTS

Sr. No.	Name of Students	Signature
1.	Vaishnavi Deskar	Vaishnavi
2.	Swaranjali Baskade	Chun
3.	Prachi Chandewar	Prachi
4.	Sushmita Chaudhary	Sush
5.	Sangita Bule	Sangita
6.	Hindhavi Awar	Hindhavi
7.	Mahak Alwa	Mahak
8.	Shivkanya Adhav	Shivkanya
9.	Pratiksha Acharya	Pratiksha
10.	Snaha Shivpuje	Snaha
11.	Manisha Shivankar	Manisha
12.	TEJASWINI SHINDE	Tejaswini
13.	Disha Shinde	Disha
14.	Ishwari Wase	Ishwari
15.	Aachal Thame	Aachal
16.	Shivkumar Tangade	Shiv...
17.	Shailesh Sonwane	Shailesh
18.	Pavan Solanke	Pavan
19.	Manoj Dalvi	Manoj
20.	Nagesh Chavare	Nagesh
21.	Aniket Bhagat	Aniket
22.	Madhav Barukale	Madhav
23.	Dhanyeshwar Khandare	Dhanyeshwar
24.	Hateb Khan	Hateb
	Syed Yunus.	Yunus



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Date :- 08/07/2023

CIRCULAR

This is to inform all students and faculty that SSVP Ayurved College and Research Institute, Hatta, Hingoli is going to organize a lecture on **Meditation and self-reflection** on 11-07-2023 at 11.00 am to 01.00 pm You all are instructed to attend the event.

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Sign of Principal

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ACTIVITY REPORT

Name of the Activity	Meditation and Self reflection	
Type of Activity	Personality and Professional Development	
Date and Time of Activity	11/7/2023	11.00 am to 1:00 pm
Details of Participants	34	
Resource Person	Dr. Sumedha	
Description	<p>SSVP College of Ayurved and Research Center hosted a transformative "Personality and Professional Development Program," focusing on "Meditation and Self-reflection." The event aimed to explore the profound impact of meditation on holistic well-being and self-awareness.</p> <p>The program commenced with an insightful session on various meditation techniques and the importance of self-reflection in fostering mental and emotional balance. The resource person, a seasoned expert in meditation and mindfulness, guided participants through practical exercises, enabling them to experience the transformative power of introspection.</p> <p>The resource person's presentation delved into the physiological and psychological benefits of regular meditation, emphasizing stress reduction, enhanced focus, and emotional resilience. Attendees gained practical insights into incorporating meditation into their daily lives for overall well-being.</p> <p>The principal of SSVP College, expressed gratitude for the resource person's invaluable contribution to promoting meditation and self-reflection. A felicitation ceremony followed, wherein the principal honored the resource person for their dedication to enhancing wellness through contemplative practices. The event underscored SSVP College's commitment to holistic education, recognizing the profound impact of meditation on mental, emotional, and spiritual dimensions of well-being. It exemplified the college's vision of</p>	



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	nurturing not only academic excellence but also the overall health and harmony of its students.
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Event/ Program: Yoga for Breathing techniques

Date: 19/10/2022

LIST OF PARTICIPANTS

Sr. No.	Name of Students	Signature
1.	Vaishnavi Deskar	Vaishnavi
2.	Swaranjali Baskade	Chun
3.	Prachi Chandewar	Prachi
4.	Suchmita Chaudhary	Such
5.	Sangita Bule	Sangita
6.	Hindhavi Awar	Hindhavi
7.	Mahak Aluna	Mahak
8.	Shivkanya Adhav	Shivkanya
9.	Pratiksha Acharya	Pratiksha
10.	Snaha Shivpuje	Snaha
11.	Manisha Shivankar	Manisha
12.	TEJASWINI SHINDE	Tejaswini
13.	Disha Shinde	Disha
14.	Ishwari Ware	Ishwari
15.	Aachal Thame	Aachal
16.	Shivkumar Tangade	Shiv...
17.	Shailesh Sonwane	Shailesh
18.	Pavan Solanke	Pavan
19.	Manoj Dalvi	Manoj
20.	Nagesh Chavare	Nagesh
21.	Aniket Bhagat	Aniket
22.	Madhav Barsukale	Madhav
23.	Dhanyeshwar Khandare	Dhanyeshwar
24.	Hateb Khan	Hateb
	syed yunus.	Yunus



(Signature)

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